

Basic Instincts of Life Which Create Self

Social Instinct

Self-esteem: What we think of ourselves, high or low

Personal Relationships: Our relations with other human beings and the world around us

Ambitions: Our plans to gain acceptance, power, recognition, prestige, etc. in the future

Security Instinct

Material: Wanting money, buildings, property, clothing, etc. in order to be secure

Emotional: Based upon our needs for another person or persons, some tend to dominate or depend on others, in the future

Ambitions: Our plans to gain material wealth or to dominate or to depend on others, in the future

Sexual Instinct

Acceptable: Our sex lives as accepted by either Society's, God's, or our own principles

Hidden: Elements of our sex lives which are contrary to either Society's, God's or our principles

Ambitions: Our own plans regarding our sex lives, either acceptable or hidden, in the future

Resentments

Feelings of bitter, hurt or indignation which come from having rightly or wrongly held feelings of being injured or offended

Fear

Feelings of anxiety, agitation, uneasiness, apprehension, etc

Harms or Hurts

Wrong acts which result in pain, hurt feelings, worry, financial loss, etc. for others and also for self